



MENU



Merry Christmas from us all here at the Newmarket Day Centre C.I.O.
We look forward to seeing you all in the New Year!

MONDAY 18th December

Cod in Parsley Sauce with Creamed Potatoes and Vegetables

Liver and Bacon with Creamed Potatoes and Vegetables

VEGETARIAN OPTION

Jam Sponge and Custard

Lemon Pot and Cream

Diabetic Jam Sponge and Custard



TUESDAY 19th December

Roast Chicken, served with Roast or Creamed Potatoes & Vegetables

Sausage Hot Pot with Roast Potatoes and Vegetables

VEGETARIAN OPTION
Cauliflower Cheese with Roast Potatoes and Vegetables

Toffee Apple Tart and Custard

Peach Crumble and Custard

Diabetic Peach Crumble and Custard



WEDNESDAY 20th December

Bacon Chops and Pineapple with New Potatoes and Vegetables

Minced Beef Cobbler with New Potatoes and Vegetables

VEGETARIAN OPTION



Strawberry Mousse and Cream

Semolina and Jam

Diabetic Semolina and Jam



THURSDAY 21st December

Turkey Hot Pot with Creamed Potatoes and Vegetables

Sweet and Sour Pork with Savoury Rice and Prawn Crackers

VEGETARIAN OPTION

Mandarin Cheesecake

Vanilla Crunch and Custard

Diabetic Mandarins and Cream



FRIDAY 22nd December - We close for Christmas at the end of the day.

Fish of the Day with Chips and Mushy or Garden Peas

Cauliflower Cheese with Chips and Peas

VEGETARIAN OPTION

Jam Tart and Custard

Fruit Cocktail and Cream

Diabetic Jam Tart and Custard



We Re-open after the festive period on

Tuesday 2nd January 2018.

