



Call Hannah on  
01638 664262 or  
email hannah.coker  
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## Have you thought about Volunteering?

Are you able to spare an hour a week to lend  
a helping hand?

Do you enjoy meeting people and making a difference  
in your community?

### Kitchen Assistants

Required in our  
kitchen to assist our  
chefs with preparing  
food for service and  
cleaning down for the  
for the following day.

Any day of the week

### Bus Drivers and Escorts (Cover)

Required to transport  
clients to and from the  
centre. Our buses run  
every morning and  
afternoon. We are in  
need of volunteers to be  
called on to cover  
holiday or illness.

Training Given.

### Counter Assistants

Required to help serve  
lunch to our clients,  
take drinks orders  
and in busy periods  
cover the till (training  
given)

## REASONS TO VOLUNTEER WITH US!

Fill your  
day with  
the joy  
and smiles  
of Others.

Increase  
Self Esteem

Gain new skills  
and improve  
existing skills.  
Grow in  
confidence

Combat Loneliness -  
For yourself and  
others.

Feel  
valued as  
a Team  
Member

To help  
maintain a very  
important  
resource

Meet New  
people and  
Make New  
Friends